



# Clara Spot™ Finger Stick Blood Test Collection Kits

## REGISTERING AND SENDING YOUR SAMPLES

### 1. Set Up Your Online Account

Go to [www.claraspot.com](http://www.claraspot.com) and follow the link to create an account with a username and password. You will need a username, password, and your health care provider's identification number (ID) so your provider can access your results.

Please see your provider's ID below or ask them to fill in the information.

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Provider ID

### 2. Register Your Sample Card(s)

Each Clara Spot™ Collection Kit includes everything you need to collect up to two dried blood spot (DBS) samples.

You will also register the Kit using the number printed on your Sample Card(s) in your account to identify your samples as yours.

You will register the date of your collection and your Provider and Kit IDs in your portal each time you collect a blood sample.

Your provider will let you know if they would like you to collect multiple samples and the dates for your sample collection below.

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Sample 1 Collection Date

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Sample 2 Collection Date

### 3. Collect and Store Your Blood Sample(s)

Wash your hands and follow the instructions included in our kit: prep your finger, do a quick finger stick and place the blood drops on the Sample Card. Instructions can be found here.



After collecting each sample, let the blood spots dry completely, then place the Sample Card into its individual Sample Bag.

If you collected your first sample in your provider's office, bring the Sample Card home with you in its individual Sample Bag. Store your Sample Bag in a cool, dry place. If you collect your second sample, place the Sample Card into its own Sample Bag.

### 4. Send Your Sample Card(s)

Put the Sample Bag(s) containing the individual Sample Cards into the provided pre-paid Return Envelope and drop it off at an accepted shipping location or request a pick up within 24-48 hours after your last sample is taken.

Please retain your shipment tracking number to track your package or log into your portal to check receipt status.

### 5. Get Your Results

Samples are usually received by the lab within 2-3 business days. Results are typically available within 2 to 4 days after your samples are received by the lab. You will be notified by email and/or text when results are available in your online portal.

Your health care provider will contact you to review results, help you understand what they mean, and discuss next steps, as needed.

**If you have any questions, please visit [www.claraspot.com/faq](http://www.claraspot.com/faq)**